

THE RED LINE

**SSE AIRTRICITY LEAGUE
PREMIER DIVISION**

Nº01 - FEBRUARY 21, 2020

**MATCH SPONSOR
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**SHELBOURNE FC V DUNDALK FC
TOLKA PARK**





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Gavin White
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 Joe Casey
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 Darren Cleary
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 Eoin Smith (front photo)

Light Up Your Nights



SSE Airtricity League



#LightUpYourNights

MESSAGE FROM THE CHAIRMAN

New year, new programme



Joe Casey
Chairman

WITH THANKS TO JOHN NOLAN AND HIS FAMILY FOR THEIR CONTINUED SUPPORT OF THE CLUB AND WHO ARE WISHING SHELS ALL THE BEST FOR THEIR 2020 RETURN TO THE PREMIER DIVISION

Good evening and welcome to everybody here tonight, and especially welcome to PREMIER DIVISION football, you have been missed.

It is fitting that our first game tonight back in the big time is against the current League champions, Dundalk FC, and of course we welcome their players, directors and supporters here tonight.

They have been a credit to our league over the last number of years and we wish them every success this year in their European pursuits.

It has been a long, close season and as you can see Ian has put together a very strong squad, retaining quite a number of players from last season and adding experience to it with players like Gary Deegan and Karl Sheppard. We welcome them all and look forward to their input throughout the season.

Our backroom has also been changed this year as we welcome Craig Sexton and Paul Skinner to the team. Both bring experience and enthusiasm into our setup and I know Ian is delighted to have them on board.

In relation to Ian himself, as you will have heard, we have extended his contract to November 22 with the hope that based on the success ahead for him, he'll be knocking on my door looking for a further extension before we know it.

I'm sure as you look around Tolka Park tonight you will see areas of the stadium that you have not seen before. This is due to the upgrade in our floodlights which are now at Premier Division standard. We must thank Dublin City Council for their help in achieving this and look forward to making other improvements within the stadium with their continued help.

You may also notice this year that we have installed a new gantry for the TV. This also was a requirement under licensing and came at a substantial cost to the club. At

this point I have to mention a special thanks to Eamon White and his infrastructure team who have managed, within the constraints of a small budget, to maintain and make improvements to Tolka over the course of the close season.

Great work has been done recently by our marketing people in first of all achieving a new front of shirt sponsor i.e. FlyeFit, and we thank them very much for this sponsorship. Also joining us this year on our shirts are Hampton Floors, DCU and Whelan Tiling, the latter two having remained from last season. We again thank them all for their support and congratulate our marketing team on achieving this.

Season ticket numbers have increased this year and it's great to see so much interest in the club. Although the season is going to be difficult we are hoping to have many great nights, especially those involving the Dublin Derbies. We expect that capacity in the stadium for some games may be tight and we will endeavour to control this to the best of our ability, and in doing so will inform you in advance of these big games if there are any issues that need to be addressed.

As you may or may not be aware the "New Stand" remains closed to the public at the moment, but be assured that we are working tirelessly with Dublin City Council to resolve the issues which currently prohibit the stand from being made available to supporters. We will keep you updated on this over the course of the next couple of months.

Some other changes this season and obviously if you're reading this you know of one, which is our Digital Programme. We feel this is the way forward and as it's free to everyone and would hope that you would distribute it wide and far and maybe even help to bring in a few more supporters to the club. We also have a new ticketing system this year which will allow you to buy your tickets online, print the at home and save all the hassle of queuing up in the rain on a Friday night.

That's it for now. I'm sure there are lots of other people I should be thanking for getting us to the starting line of the Premier Division, but I regard us all as a team and all having had an input in some shape or form in getting here, so let's just go and enjoy the ride.

Have a great night. See you again in Tolka very soon.

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NEWS MAGAZINE

5

Shels players among game's quickest goals over 125 years

PAT CORDELLE

The records concerning the fastest goals are often disputed for a number of reasons. The Association of Football Statisticians has argued that as there is no official system for recognising the timing of goals as there are always going to be disputes concerning these records.

However, there is no disputing the fastest goal scored in Premier League history. That honour belongs to Republic of Ireland striker Shane Long when he scored after 7.69 seconds in a league game for his club Southampton against Watford played in April 2019.

Long's goal came straight after the Hornets kicked off when he blocked a Craig Cathcart clearance before lifting the ball over Ben Foster in the Watford goal. It was a real morale booster for Shane Long who was up to then having a wretched time in front of goal. However, sadly for Long, the Saints could not build on the early goal and were pegged back with a late equaliser from Watford. Shane's goal beats Ledley King's record of 10 seconds for Tottenham against Bradford in 2000.

Here at home, Shelbourne were involved in four games with four of the fastest goals in the history of League of Ireland, two in the late fifties and two in the new millennium.

The first was on Wednesday 15 October 1958 when Shelbourne beat Drums by 4-3 after a flying start. They scored the quickest goal of the season in one of the best games in the Shield competition witnessed at Tolka Park. Shels were the away team. The crowd had plenty to cheer about, in a game played in lashing rain and icy cold conditions.

The first goal was a result of a touch Mick McElroy to Christy Doyle, a sharp burst through the unsettled Drums defence and a flick for McElroy to run on to the ball and shoot past the advancing Swan. In ten seconds the Reds were in the lead and two further goals from Doyle put the Reds into a 3-0 lead by the 17 minute. Drums pulled two back but McElroy added a fourth early in the second half.

Drums got their third goal fifteen minutes from the end but Shels held out to win the two points. Reports say both defences were not great but the public was thoroughly entertained. McElroy was signed from non Aer Lingus and played just one season with Shels. After he left us he had spells with Dundalk, Drogheda and Cork Hibernians. In his time with Shels he scored eight goals, three in the Shield, one in the LSC and four in the League. He will be remembered as having the unique distinction of scoring one, if not, the fastest goal in the club's history. The Shelbourne line out was:- Farmer, Byrne, O'Brien, Dunne, Fitzpatrick, Kelly, Conroy, Doyle, McElroy, Hennessy and Cassidy.

On the 14 April 1959 Shelbourne finished their league programme on a high note, beating St. Patrick's Athletic 5-2 with a hat-trick from Christy Doyle and two from Jackie Kelly, both penalties.

From the kick-off, Carroll worked the ball through before putting Doyle in to score after 15 seconds without a St. Pat's player touching the ball. The match report recorded that 16-year-old minor star, Carroll, at inside right looks promising. Carroll put Doyle through for the second, Kelly's penalties, came just before and after the break, and Doyle completed his hat-trick in the second half.

In goal for St. Patrick's that evening was

John Heavey. He joined the Reds in 1961 and replaced Finbarr Flood in goal. John would play an important part in helping Shels win the League in 1962 and the FAI Cup in 1963. He made over 80 League and FAI Cup appearances between 1961 to 1965. The Shels line-out that evening was:- Cahill, Murphy, Kearns, Dunne, Strahan, Kelly, Wilson, Carroll, Doyle, Hennessy, Conroy. Apart from the first three names on the team sheet and Carroll the other seven players helped Shels win the 1960 FAI Cup for the second time with a 2-0 victory over Cork Hibernians. Scorers:- Wilson and Barber.

Shelbourne welcomed Cobh Ramblers to Tolka Park for a First Division game on 26 June 2007. This was Shels' first season in Division 1 following demotion in 2006. The game got off to a flying start with a Shels player scoring after just 9 seconds. Unfortunately for the Reds right full Aaron McEniff turned a right wing cross from a Ramblers player into his own net. The game finished in a 2-2 draw with the Shelbourne's goals coming from Mark Leech and James Chambers for a deserved share of the points. On the 11 May 2012 Shels travelled to the UCD Bowl for a Premier Division fixture against our bogey side UCD.

This was Shels first season back in the Premier Division following demotion in 2006. The Reds got off to dream start with Philip Gorman turning in a Paddy Kavanagh cross after just fifteen seconds. Then disaster struck, Shels Sean Byrne was shown a straight red card and would play the next 77 minutes with ten men.

However, the Reds showed real resolve and a second goal from David Cassidy in the 65th minute gave us a 2-0 victory and three valuable points.

Chairman: Joe Casey
CEO: David O'Connor
Club Licensing: Liam Ward
Press Officer: Gavin White
Head of Football: David Henderson
Supporter Licence Officer: Lee Daly

FEATURED II

Shels team up with Marie Keating foundation ahead of 2020



SHELS 2020

ISIBEAL ATKINSON
REBECCA COOKE
MIA DODD
LEAH DOYLE
JAMIE FINN
JESSICA GARGAN
JESSICA GLEESON
RACHEL GRAHAM
CIARA GRANT
COURTNEY HIGGINS
ALEX KAVANAGH
RACHAEL KELLY
COURTNEY MAGUIRE
JENNIFER MCDADE
NIAMH MCGLOUGHLIN
KATE MOONEY
ELLA O'CONNELL
PEARL SLATTERY
EMILY WHELAN
TAYLOR WHITE
JESSICA ZIU

To mark our 2020 FAI Women's National League squad announcement, we have teamed up with The Marie Keating Foundation to raise awareness for their #ThinkPink campaign.

The Marie Keating Foundation are asking supporters to #ThinkPink and come together to help support women all over Ireland at every step of their breast cancer journey.

We're thrilled to announce this year's squad which features several Republic of Ireland internationals who will look to help the WNT team qualify for their first major international tournament this year.

Even more so, we have retained some sensational young talent including Kate Mooney, Jessica Ziu and Emily Whelan as we look to build on last season's success.

Kate's inclusion also highlights the growing relationship with Dublin City University after she scored 26 goals in her last five games for their team showing the success of her scholarship there.

Each year, 3,323 women in Ireland are diagnosed with breast cancer and with your help, the Marie Keating Foundation can continue to provide cancer awareness, prevention and support services, to women and their families across Ireland.

To get involved in the #ThinkPink initiative, all you have to do is pick a day wear pink or organise a pink event and make a donation or fundraiser for the Marie Keating Foundation.

To get involved visit <https://www.mariekeating.ie/how-you-can-help-us/fundraise/thinkpink-ie/> or to make a donation to the Foundation, click here.

As part of the partnership, we will be running a number of initiatives throughout the season including a special infographic for Breast Cancer Awareness in this Friday's match programme for the SSE Airtricity League Premier Division game against Dundalk FC.



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CIARAN KILDUFF

“Shelbourne is a sleeping giant”

Grabbing his 100th goal in the League of Ireland last Friday, Shels striker Ciaran Kilduff says “you couldn’t really have scripted it.”

Kilduff scored an 87th minute winner on Friday night to hand the Reds a priceless 1-0 win in Turner’s Cross.

“Winning the First Division last year and having a night like we had as a group on Friday night, it was special,” the striker told extratime.ie.

“Obviously being a striker, to get the goal was great but it meant a lot to a lot of people and none more so than me,” he added.

Kilduff said the 100th goal was “in the back of my head”

towards the end of last year and was delighted to make his mark on Friday.

“As a person who’s given their life to the League of Ireland, there’s a couple of landmarks you want to hit and one is 100 league goals as a striker.

“That’s something that I wanted to do that you don’t think about it on the pitch, but when is a great feeling when it happens,” he added.

Kilduff said he got a kick in the head for his troubles in the process, but said scoring was “totally worth it.”

However, more pressingly, the 100 goal man said “we were worth our win down there” and the “stats

backed it up.”

Looking to the season ahead, he said the squad and staff are “very ambitious and enthusiastic” who will be looking to win every game, not looking for draws.

He said he is firmly of the belief that “Shelbourne are a sleeping giant of Irish football.”

“We’ve the Champions coming to Tolka on Friday and we realize the task ahead of us but we will take one game at a time.

“It will be a great occasion on Friday and we’re going to enjoy it for what it is and try and get a good result,” he said.



EOIN NOONAN/SPORTSFILE



EOIN NOONAN - SPORTSFILE

RUAIDRI CROKE

The Reds back with a bang in Cork

Well, what a start that was. When Ciarán Kilduff nodded in the winner in the dying minutes at Turner's Cross the celebrations felt like we'd been waiting over six years just for that moment.

A huge Shels crowd travelled down to Cork for our first game back in the top flight – adding to an attendance of just under 4,000 and easily coming in as one of the largest contingents of travelling support Cork have seen in quite a while.

With three buses, some fans on the train and huge numbers travelling down in cars, the stewards had to open half of the next section before the match such were the Shels numbers which, conservatively judging by how many fit in a block and a half of the stand behind the goal, numbered at least 500.

Being held for a while after the game was one aspect of being back in the top flight that nobody missed but such is the price to pay when you're back in the big time.

With Finn Harps next up on a Monday night our numbers will undoubtedly be lower but given that the next long distance away (Sligo on March 21st) is on a Saturday, we'll hopefully continue what has been a stellar start to the season in terms of support.

FINN HARPS V SHELBOURNE

FEBRUARY 24, 2020

FINN PARK

20:00

How far away is it?

Our return to the Premier Division has given us two of our longest away trips in the first two away games after Cork last week with Monday night's trip coming in at 450km return or about three hours each way in a car.

What are the options for getting there?

Outside of driving there aren't many options for this one as no trains go to Donegal. There are also no direct bus routes as with Bus Eireann you have to switch in Lifford.

What's the best route?

From Dublin the quickest route by a long shot is to go through some of the North. Take the M1 and come off at junction 14 onto the N33 to heading towards Ardee. That road then leads you on to the N2 which will go all the way to the border before changing to the A5 when you cross and get to Aughnacloy. You continue on that road through Omagh until you turn left onto the Bellspark Road just before Sion Mills. Once you reach Clady turn left again onto the Urney Road just after the primary school and that road will take you back over the border and all the way into Ballybofey. The ground will be on your right just as get there so you don't have to drive into the town itself.

For parking there are a few options around. One is beside McElhinney's department store and another is at SuperValu. Finn Harps do ask away fan coaches and cars to park in the McElhinney's car park.

Cost of a ticket?

Adult: €14. Student/senior citizen: €12. Secondary school student: €5. Primary school student: €3.

Where do away fans go?

Shels supporters will access the ground via Chestnut Road (beside Aldi) and we will have the gantry side of the ground while the stand and town end are reserved for home fans.

Anywhere decent for a pint?

Sadly it seems that the pub just up the road from Finn Park which you used to be allowed go to for a pint at half time is now closed. However, there are still options with Heeney's, Barrett's and Cheers all within a five minute walk up Navenny Street towards the Main Street.

SHANE FARRELL CELEBRATES WITH JACK BRADY - EOIN NOONAN (SPORTSFILE)



.....
“There are still (bar) options with Heeney's, Barrett's and Cheers all within a five minute walk up Navenny Street towards the Main Street”

.....
"I want fans to embrace it, be loud and make Tolka a fortress"

Shels boss Ian Morris says he wants fans to "embrace it, be loud and make Tolka a fortress" ahead of our first home game back in the Premier Division.

The Reds welcome champions Dundalk FC to Tolka Park on Friday Shels boss Ian Morris says he wants fans to "embrace it, be loud and make Tolka a fortress" ahead of our first home game back in the Premier Division.

The Reds welcome champions Dundalk FC to Tolka Park on Friday night in the SSE Airtricity League Premier Division in what's expected to be a rammed home ground.

Morris says his players have been "flying" in training this week after last week's opening weekend 1-0 win in Cork.

"We've been straight back down to it and working hard preparing for Dundalk, looking at ways of how we can beat them," he told shelbournefc.ie.

"It's obviously a difficult game. They've been top of the pile for a number of years but there are ways of picking up results against them.

"We'll look to nullify their threats and go up to the other end looking to score goals," he said.

Morris said he "couldn't fault anyone on Friday" after last week's late win in Turner's Cross.

"Even everyone not involved were brilliant, being able to influence the mood, speaking to players.

"The lads know if it's not their chance this week, it'll come and they're there to support their team mates," he added.

Going into Friday's game, Morris believes "we have a squad of good players who possess a lot of different attributes."

"We've got three games in seven days and there will be certain games that suit certain players, so everyone is working really hard," he said.

The Shels players "loved" the atmosphere in Cork on Friday night, Morris said, and he wants every game in Tolka Park this year to "be a sell out."

Shels have no injury concerns going into Friday's game and nor is there any suspensions or doubts.





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Best wishes to all at Shels for the 2020 season.





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GAVIN MCLAUGHLIN

The 2002 FAI Cup final, Garry Haylock and The Cat and Cage.... Friday night's trip to Drumcondra will bring back happy memories for Dundalk fans.

For many years, that sunny April afternoon at Tolka Park was the only joyful thing that supporters could cling onto. Relegation and seven long seasons in the wilderness of the first division meant sure of that. Eighteen years on, things have changed just a bit and Vinny Perth's Dundalk will head up the M1 as champions of Ireland and in search of a sixth title in seven seasons.

The foundations for this golden period were laid back in 2013 when Stephen Kenny's new-look side came from nowhere to finish as runners up behind St Patrick's Athletic. One of the mainstays of that team was Andy Boyle, a raw 21-year-old centre-back when Kenny signed him ahead of the campaign.

Before that, Boyle enjoyed two happy seasons at Tolka Park which saw the Reds win promotion and reach the 2011 FAI Cup final where they were beaten on penalties by Sligo Rovers in front of 21,662 people at the Aviva Stadium.

"I had two good years at Shelbourne and there are still people involved from when I was there," said Boyle. "Everybody at the club was great to me. It was a good time for me to go and play there. I was a young centre-back and it was a good club to go and try and achieve things."

Now 28, the Dubliner is looking forward to going back to his old stomping ground and he is hoping to make his mark, just as he did on his last visit in September 2013 when Dundalk ruthlessly dismantled the Reds 5-1 in an FAI Cup quarter-final tie that was over at half-time.

"I remember that game well," smiled Boyle. "I don't score too many times so that's why I remember it! I think everything went right for us that night and Kurtis Byrne scored an amazing goal from the halfway

line. He had that in his locker, Kurtis. He missed the easy ones and scored the spectacular ones! It feels like a long time ago now."

Since then, the clubs have met just once on the northside of Dublin - February 5th 2016 to be precise - when Patrick McEleney scored his first goal for Dundalk in a Leinster Senior Cup tie that was played on the day that former Derry City striker Mark Farren was laid to rest. For the record, Paddy Barrett scored Dundalk's second in a 2-0 win with a sumptuous volley.

A familiar face lies in wait for Boyle and co on Friday evening. Ciaran Kilduff, the hero of Dundalk's European run later that year, is expected to lead the line for Ian Morris' side and after scoring the winner against Cork City on the opening night of the season, he looks to be as sharp as ever.

"Killer is one of the best strikers in the league," said Boyle. "He showed that again with the goal against Cork in Turner's Cross. He's awkward to play against, he has that tall frame and he works hard and he's always been a fit boy so it won't be easy against him."

After their win in Cork, Boyle expects Tolka Park to be rocking for Shelbourne's first home game since winning promotion as Division One champions last year.

"It's a big bonus having them back in the Premier Division," he added. "They're a big club and they're well supported and it'll be no different on Friday night, especially as it's their first home game of the season. There'll be a real buzz about the place."

"Ian Morris has signed well and they have a lot of players with a wealth of Premier Division experience, lads who have been there and done that. When you add that to the players that won them promotion, it makes for a very good squad so it will be very interesting to see how they do."

"When Dundalk come to town it's everybody's cup final so we'll have to be well aware of that but it's our first away game of the season and I'm sure we'll bring a great crowd



DUNDALK'S SEAN GANNON - BEN MCHSJANE (SPORTSFILE)

Aidan Geraghty
looks back on
our famous FAI
Cup win in **1993**

1993



ElSports

When Shelbourne defeated Cork Hibernians in Dalymount Park to win the 1963 FAI Cup, their second in three years, nobody thought it would take 30 years for the Reds to lift Irish football's blue riband trophy again.

The intervening three decades saw one Leinster Senior Cup, a move from Tolka Park to Harold's Cross, and then back to Tolka. In the only FAI Cup Final that Shels reached in that period, they were infamously beaten by an amateur Home Farm side in 1975.

However, change was in the air around Dublin 3. Just 12 months earlier, Mick Neville's "for all the doubters" speech rang around Oriel Park as a 3-1 Reds victory secured the club's first league title since 1992. Just five years earlier, the club had been promoted from the First Division following the first of only two relegations in the club's history.

Ironically, Shels faced Dundalk in the 1993 FAI Cup Final. The same opponents as the previous year when the club's seventh championship was clinched. As the 1992/93 league season had not yet concluded by the time of the Cup Final was played, it was fittingly contested by the league champions of 1991 and 1992.



DAVID MAHER - SPORTSFILE

The match itself went down as a dull affair. A cold and windy May afternoon in Lansdowne Road dampened the league's showpiece affair. Greg Costello's diving header was the only goal in a typical, cagey Cup Final.

The Dundalk team on the day boasted some League of Ireland legends, too. Seasoned pros such as Alan O'Neill, Richie Purdy, Tom McNulty, Gino Lawless and Terry Eviston provided worthy opposition for a Shels team that included Neville, Mark Rutherford and Garry Haylock.

Mick Neville, who captained the Reds from 1990-98, remarked, "I don't know what Greg (Costello) was doing up that far, I thought he was going to get a nosebleed."

Costello was usually a right-full, but played in centre-midfield that day due to Gary Howlett's absence. He played 230 games for the Reds, winning two league titles and four FAI Cups.

Following the game, Shels held both the league title and FAI Cup for the first time ever. Unfortunately, the Reds has to wait seven more years to actually win the double, as a three-way playoff saw Cork City pip Shels and Bohs to the title.

Neville dismissed the suggestion that such a long wait for success increased the pressure on the players.

"I think we just acted as professionals, you know?"

"We knew the fans had waited a long time for any sort of success, and it was

important for us to give them that, but I don't think we felt the pressure.

"I remember '92 in particular, all of the other clubs and the media tried to pile the pressure on us and say 'ah Shels will bottle it', so after we did win it I said 'that's for all the doubters.'

"Then by '93, I suppose we had proven we could get over the line but we weren't necessarily favourites, because Dundalk had a very experienced team and we still had a few young lads like Mark (Rutherford) and Brian (Flood)."

Mick continued to note that he noticed similar doubts surrounding the Reds' 2019 promotion-winning side.

"With a big club like Shels there's always going to be people out to get you and people who want you to fail, but the lads were professional last year and got the job done."

Neville, who is second only to Owen Heary in all-time appearances for Shelbourne, is in Tolka tonight to watch the Reds take on old rivals Dundalk once again.

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In the immediate aftermath of Shelbourne's 3-1 win over Drogheda United, the game that ended our exile from the top tier of Irish football, I found myself galloping aimlessly towards the centre circle, completely lost in the moment.

Sprinting onto the pitch with no particular purpose, I like every other Reds man and woman in the ground was completely overcome with emotion. It was a feeling like no other, call it elation, contentment, I don't know if words can adequately describe the serenity that came in that instance.

On the pitch, in the stands, there were hugs, there were kisses, and a fair share of tears. Shels fans have endured enough misery to last a lifetime, but in that instance it all seemed like a vague memory. The breakthrough had finally come.

The new season began in the best possible way, a narrow but deserved 1-0 win over Cork City. That palpable positivity carried through the winter and followers of the fortunes of Shelbourne FC continue to carry it in abundance ahead of the first home game of the season.

In many ways last week's game reminded me of those frantic few minutes after the final whistle in Drogheda. I watched in the stands in Turners Cross a week ago as similar scenes played out, the handshakes, the embraces, hugs among friends who may not been together since the last game of the season, the respectful nod between the elder gents who have traveled the highways and byways for longer than they can remember.

Tonight is special in many ways, chief among them is that the optimism currently permeating the club is unencumbered by reality, our dreams are not punctured by results, the cynicism that afflicts even the most positive of football fans is keeping its powder dry for at least a month. Shelbourne fans are enjoying themselves.

Since that magical night in Drogheda where Shelbourne clinched promotion back to the Premier Division of the SSE Airtricity League fans have been able to allow positivity to prevail. False dawns, near misses, robberies, and just plain rough luck, all now nothing more than a memory, brighter days are ahead for the Auld Reds, they began a week ago with the dream start on the road. Playing Cork City in Turners Cross, a world away from the first division, (thanks be to Jaysus). If I never see from, hear of, or watch Cabinteely play again it will be too soon.

After a period of stagnation, Shels are making progress. The visit of the champions Dundalk to Tolka Park is

progress, as is a rise in season ticket sales, record breaking revenues from the shop and, this new programme, coming to the device of your choice.

What I'll fill these pages with over the coming months is a mystery. If you do take away anything from this column, please let it be this.

Whatever happens from tonight until the end of the season, try to find joy in it. Sitting alongside my brother tonight, watching the match with my mates, I'll be grateful. I feel lucky to see Shels back where we belong, to feel the emotions, for better or for worse, to live the ups and downs that come with following the fortunes of Shelbourne Football Club.

Before kick off my mind will turn to the people not fortunate enough to say the same, there are many seats dotted around Tolka that would otherwise be filled with men and women who cared for this club. Life has robbed us of Gerry, Smurf, Paul, Izzy and many others we'd like to share this night with us. As the Reds return to the top flight at Tolka tonight, they will be in my mind.

After enduring the trials and tribulations of Shelbourne FC in the Hades of Irish football, one promise I made to myself is to enjoy this season. Come what may, Shels are back where we belong. It may last a decade, it may last a season. Regardless of what the destination is, I plan to savour the journey. I hope you can too. C'mon Shels.

.....

"Before kick off my mind will turn to the people not fortunate enough to say the same, there are many seats dotted around Tolka that would otherwise be filled with men and women who cared for this club."

THE DARREN CLEARY COLUMN



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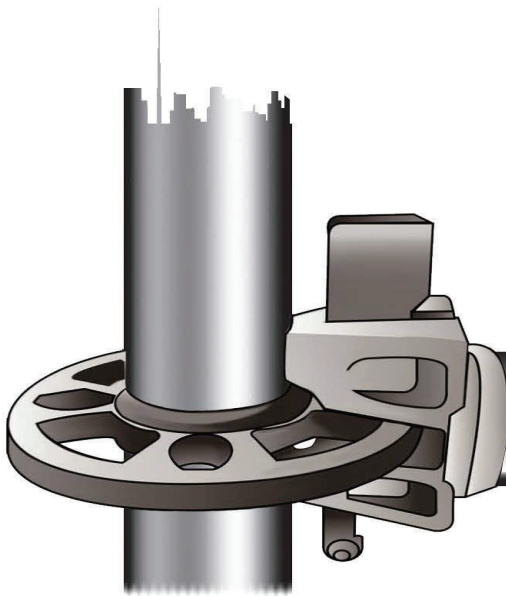
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.....
3-1 win in Drogheda. Pic: Stephen McCarthy/Sportsfile



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PLAYERS



JACK BRADY
GOALKEPPER
APP: 01
GOALS: 0
#25

ANDY MCGOURAN & THE REDS SHOP



COLIN MCCABE
GOALKEPPER
APP: 00
GOALS: 0

ACEC DISTRIBUTORS



AIDAN FRIEL
DEFENDER
APP: 01
GOALS: 0
#14

SEAN AND OLIVE REILLY



DANIEL BYRNE
DEFENDER
APP: 00
GOALS: 00
#6

THE 1895 TRUST



DANIEL O'REILLY
DEFENDER
APP: 01
GOALS: 00
#2

DENIS HODSON



LORCAN FITZGERALD
DEFENDER
APP: 00
GOALS: 00
#3

PAUL O'ROURKE

PLAYER SPONSORS IN GOLD



LUKE BYRNE
DEFENDER
APP: 01
GOALS: 0
#23

GLASS SERVICES & CORMAC FARRELL



ALEX O'HANLON
DEFENDER
APP: 01
GOALS: 0
#5

DES FRAZER



DANIEL MCKENNA
MIDFIELDER
APP: 00
GOALS: 0
#16

SHAY & BRIDGET MALONE



OSCAR BRENNAN
MIDFIELDER
APP: 00
GOALS: 00
#4

SEAN QUINN
MIDFIELDER
APP: 01
GOALS: 00
#19

SHAY WEAVER & THE MALONES



GEORGIE POYNTON
MIDFIELDER
APP: 00
GOALS: 00
#26

JOSEPH M CASEY & CO



RYAN BRENNAN
MIDFIELDER
APP: 01
GOALS: 0
#10

GERRY NATHAN



DAYLE ROONEY
MIDFIELDER
APP: 01
GOALS: 0
#18

JOHN REILLY



ALEX CETINER
MIDFIELDER
APP: 00
GOALS: 0
#21

MARK FRAZER



GARY DEEGAN
MIDFIELDER
APP: 01
GOALS: 00
#8

CIAN BYRNE



KARL MOORE
MIDFIELDER
APP: 00
GOALS: 00
#15

THE DONNELLAN FAMILY



SHANE FARRELL
MIDFIELDER
APP: 01
GOALS: 00
#17

BERNADETTE FRAZER & ANDREW DOYLE



DENZIL FERNANDES
MIDFIELDER
APP: 00
GOALS: 0
#12



OSKI BRAVO



JAZE KABIA
FORWARD
APP: 01
GOALS: 0
#11

BREDA LOGAN



AARON DOBBS
FORWARD
APP: 00
GOALS: 0
#20

CARPETWISE



CIARAN KILDUFF
FORWARD
APP: 01
GOALS: 01
#9

**STEPHEN FAGAN & THE REAL REDS
 SYNDICATE**



KARL SHEPPARD
FORWARD
APP: 01
GOALS: 00
#7

LIAM AND PAUL BYRNE





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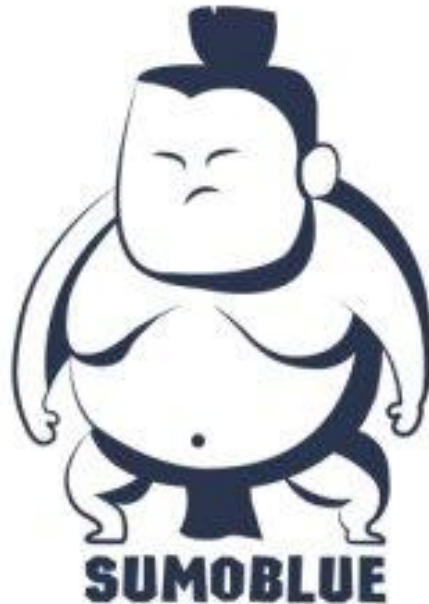
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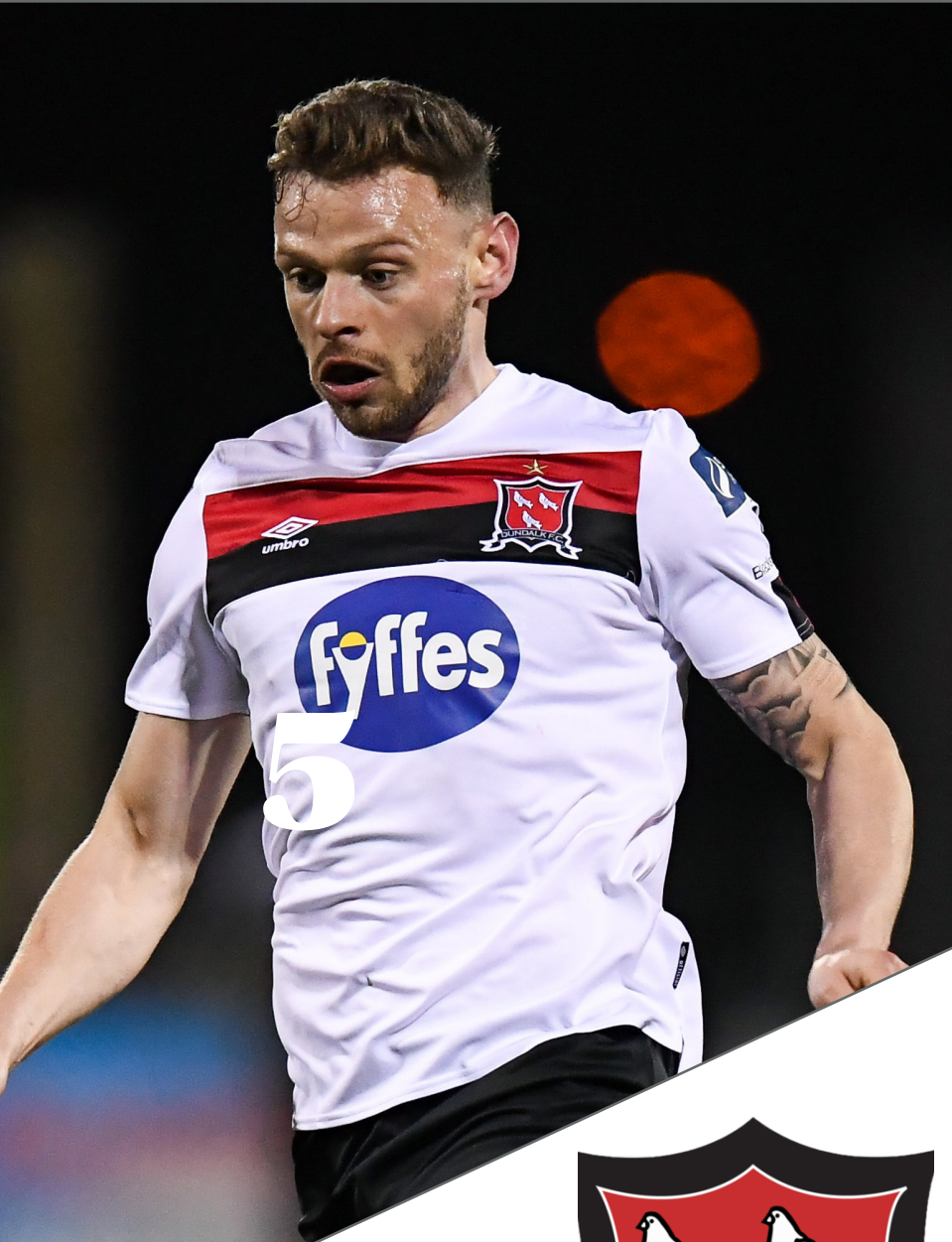
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DUNDALK FC

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2. SEAN GANNON
3. BRIAN GARTLAND
4. SEAN HOARE
5. CHRIS SHIELDS
6. JORDAN FLORES
7. MICHAEL DUFFY
8. JOHN MOUTNEY
9. PATRICK HOBAN
10. GREG SLOGGETT
11. PATRICK MCELENEY
12. GEORGIE KELLY
14. DANE MASSEY
15. DARRAGH LEAHY
16. SEAN MURRAY
18. WILL PATCHING
20. AARON MCCAREY
21. DANIEL CLEARY
23. CAMERON SMITH
27. DANIEL KELLY
28. LIDO LOTEFA
44. ANDY BOYLE

Manager: Vinny Perth



BREAST CANCER

WHAT YOU NEED TO KNOW



RISK FACTORS



Being a woman



A strong family history of breast or ovarian cancer



Being over 50



Starting periods early or having a late menopause



Being on the pill or taking HRT



Having no children

REDUCING YOUR RISK



Check your breasts



Be a healthy weight



Get active



Don't smoke



Limit alcohol



Breastfeed your baby

CHECKING YOUR BREASTS

CHECK MONTHLY



One week after the end of your period is the best time. If menopausal, check on the same day every month.

LOOK FOR CHANGES



Stand in front of a mirror with your hands in the air. Look for changes in size or shape, puckering, dimpling or redness of the skin.

FEEL FOR CHANGES



Using your fingers, check for any lumps, thickening or bumps.

AREAS NOT TO FORGET



Gently squeeze the nipple to check for discharge. Check your armpit as breast tissue also extends here.

WHAT TO DO IF YOU FIND SOMETHING

Most breast changes are benign (non-cancerous) so if you do find something, don't panic. However, visit your GP without delay to be certain.

To watch a video on how to check your breasts, visit www.mariekeating.ie

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Shelbourne Football Club Equality Procedure

The aim of this policy is to ensure that everyone is treated fairly, and with respect, and that Shelbourne Football Club is equally accessible to all.

Shelbourne Football Club is responsible for setting standards and values to apply throughout the club at every level. Football belongs to, and should be enjoyed by, anyone who wants to participate in it.

Our commitment is to confront and eliminate discrimination by reason of gender, sexual orientation, marital status, race, ethnic origin, religion or belief, ability or disability and to encourage equal opportunities.

The policy is fully supported by the club officers, who are responsible for the implementation of this policy.

Shelbourne Football Club in all its activities will not discriminate, or in any way treat anyone less favourably, on grounds of gender, sexual orientation, marital status, race, ethnic origin, colour, religion or belief, ability or disability. It means that Shelbourne Football Club will ensure that it treats people fairly and with respect and that it will provide access and opportunity to all members of the community to take part in, and enjoy, its activities.

Shelbourne Football Club will not tolerate harassment, bullying, abuse or victimisation of an individual, which for the purpose of this policy and the actions and sanctions applicable, is regarded as discrimination. This includes sexual or racial harassment or other discriminatory behaviour, whether physical or verbal. Shelbourne Football Club will work to ensure that such behaviour is met with appropriate action in whatever context it occurs.

Shelbourne Football Club is committed to a policy of equal treatment of all members and requires all members to abide by and adhere to the policies and requirements of the relevant legislation – Equal Status act 2000-2004, Employment Equality Act 1998 and 2004, Prohibition of Incitement to hatred Act 1989, as well as any amendment to these Acts and any later legislation.

Shelbourne Football club commits itself to the immediate investigation of any claims, when it is brought to its attention, of discrimination on the above grounds and where such is found to be the case, a requirement that the practice stop and sanctions imposed as appropriate.

SHELBOURNE FC

STADIUM REGULATIONS

1. All persons entering this stadium are admitted subject to the following stadium regulations and rules of the club. Entry to the stadium shall be deemed to constitute unqualified acceptance of these rules and regulations and failure to comply, following admission, may result in ejection from the stadium.
2. Permission to enter and remain within the stadium, notwithstanding the possession of a ticket, is at the absolute discretion of Stadium Management, Stewards and An Garda Síochána.
3. Fireworks, Smoke Canisters, Bottles, Glasses, Cans, Flags, Banners, Poles, Laser pens, Flares, or any similar articles or containers, including anything that could be used as a weapon, are not permitted within the stadium. Any person in possession of such articles or containers, or who refuses to be searched by a member of an Garda Síochána or other authorised security personnel, may be refused entry or ejected from the stadium.
4. Spectators are not permitted to bring alcohol into the stadium.
5. The unauthorised climbing of floodlight pylons, stands or any other building is forbidden.
6. Any person found damaging or defacing the property of the club will be prosecuted.
7. Under no circumstances is it permitted to throw any object onto the field of play.
8. Unnecessary noise and behaviour likely to cause confusion or nuisance of any kind, including foul or abusive language, is not permitted in the stadium.
9. Unauthorised persons are not permitted to enter the field of play at any time.
10. Any form of racist abuse, threatening behaviour and racist, homophobic, discriminatory or obscene chanting is strictly forbidden.
11. Religious or political advertising, banners and slogans are strictly prohibited.
12. Any person who remains in a gangway or passage may be ejected from the stadium.
13. The moving from one area of the stadium to another without the permission of a steward, an Garda Síochána or other authorised agents of the club is strictly forbidden.
14. Sale or distribution of publications or other items inside the stadium without written permission is strictly forbidden.
15. In the event of a match being postponed or abandoned, any refund of the admission charge will be at the sole discretion the club management.
16. Children under 14 are admitted only when accompanied and supervised by an adult.
17. Liability for loss, injury or damage to persons or property in and around the stadium is excluded to the maximum extent permissible by law.

Safety Notice

Shelbourne FC is committed to ensuring the safety of all supporters on match day. The Club would be grateful for your co-operation with regard to the following points:

There are a number of exits from the ground at Tolka Park. In the interests of safety, please take the time to acquaint yourself with the exit nearest to you. If an emergency necessitates the evacuation of the ground, patrons should proceed to the nearest exit and not re-enter the ground under any circumstances.

If you require medical assistance, contact the Order of Malta attendant or the First Aid Room - where medical assistance will be available.

Parents are asked to ensure that children are supervised in the ground at all times.

Anyone smoking in the ground should ensure that all cigarettes are properly extinguished and disposed of. Remember, a smouldering cigarette can cause a major fire.

The use of flares is strictly forbidden.

Thank you!

MANAGEMENT



IAN MORRIS
MANAGER
AIDAN & DENISE LYNCH



CRAIG SEXTON
ASSISTANT MANAGER



PAUL SKINNER
GOALKEEPER COACH



AINDRIU CONROY-LENNON
STRENGTH & CONDITION



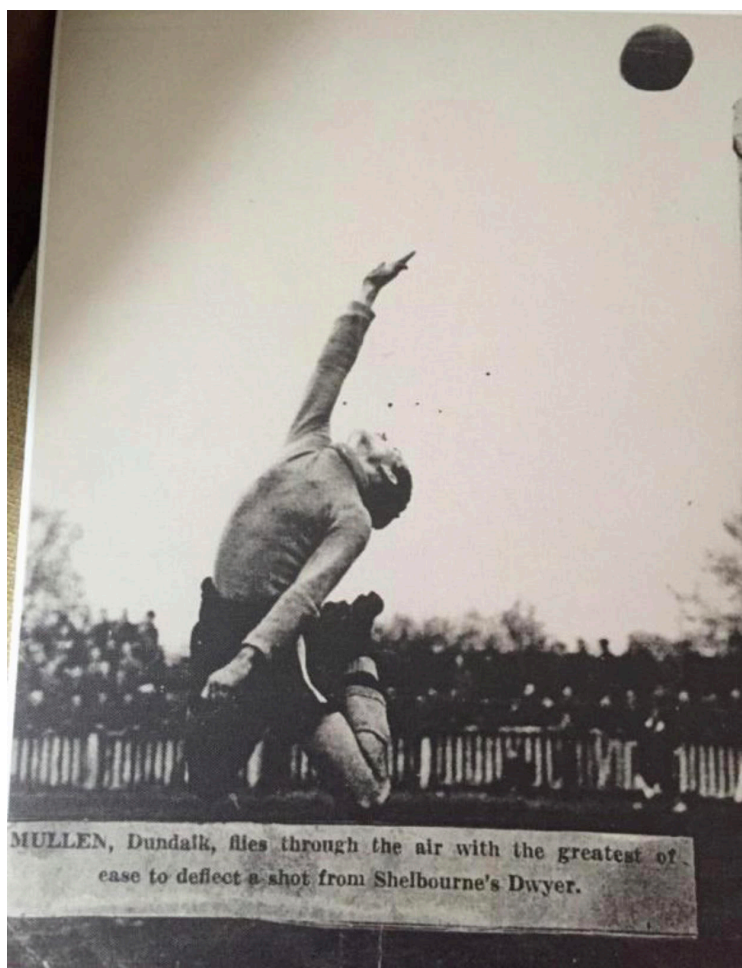
JOHNNY WATSON
KITMAN
SEAN & OLIVE REILLY



CONOR MURPHY
VIDEO & OPPOSITION ANALYST



ALAN DOOLEY
PHYSIO



KEVIN MULLEN FORMER GOALKEEPER FOR DUNDALK FC SADLY PASSED AWAY PEACEFULLY SURROUNDED BY HIS FAMILY LAST SATURDAY FEBRUARY 15TH. KEVIN AND HIS WIFE AND 9 CHILDREN REMAINED AVID FANS OF THE LILLYWHITES, AND HIS FAMILY WILL REMAIN SO IN HONOUR OF THEIR HUSBAND, FATHER AND GRANDFATHER.

KEVIN MADE HIS DEBUT FOR "THE TOWN" AT THE AGE OF 18 IN 1952.

THIS PHOTOGRAPH WAS A PROUD MOMENT FOR KEVIN WHEN HE SAVED A SHELBOURNE SHOT.

IT WAS THOUGHT TO HAVE ENDED IN A ONE-ALL DRAW.

REST IN PEACE KEVIN.